



SAILING INSTRUCTIONS

THE 85th STRATFORD SHOAL RACE PHRF: SPINNAKER & NON-SPINNAKER; IRC

SATURDAY, 4 September, 2010

**SEAWANHAKA CORINTHIAN YACHT CLUB
Oyster Bay, New York, United States**

1. RULES

The regatta will be governed by the rules as defined in the current Racing Rules of Sailing, the prescriptions of the United States Sailing Association, the Royal Ocean Racing Club (IRC Handicap System) as administered by US Sailing; the current PHRF Minimum Equipment Regulations, as administered by the YRA of Long Island Sound [YRALIS (Category B)]; the Notice of Race, and by the Sailing Instructions. The Regatta is designated advertising Category A.

2. ENTRIES

Eligible boats may be entered by completing registration with the Seawanhaka Corinthian Yacht Club's front desk. Eligible competitors shall be boats owned by or under charter to members of yacht clubs or yachting associations affiliated directly or through regional associations with the United States Sailing Association and who have IRC or YRA of LIS PHRF handicaps.

3. NOTICE TO COMPETITORS

Notices to competitors will be posted on the official notice board located at the Main Clubhouse of the Seawanhaka Corinthian Yacht Club.

4. CHANGES IN SAILING INSTRUCTIONS

Any change in the sailing instructions will be posted before 1700 hours on the day it will take effect, except that any change in the schedule of the races will be posted by 2100 hours on the day before it will take effect.

5. SIGNALS MADE ASHORE

- 5.1 Signals made ashore will be displayed at the yardarm of the mainmast of the Seawanhaka Corinthian Yacht Club
- 5.2 Code flags ‘AP’ over ‘H’ with two sound signals (one sound signal when lowered) means ‘Do not leave shore’. All races not started are postponed. Further signals will be made ashore.
- 5.3 Code flag ‘L’ means ‘A notice to competitors has been posted on the official notice board’.

6. SCHEDULE OF RACES

There will be one race from G”5” FL G 4 secs to Stratford Shoal and return for Class 1 & 2, to Cable and Anchor Reef for Class 3; the starting sequence will begin at 1900 hours.

7. CLASS DESIGNATIONS

Boats will be assigned to a class by the Race Committee. Boats shall start and race in their assigned class. The classes are as follows:

CLASS 1	IRC
CLASS 2	PHRF, SPINNAKER
CLASS 3	PHRF, NON-SPINNAKER

8. RACING AREA

The racing area will be Long Island Sound.

9. COURSES

Class 1 & 2 shall leave the Stratford Shoal Lighthouse to starboard. Class 3 shall leave Cable and Anchor Reef buoy “28C” to starboard. Government marks will not have a required side for rounding or passing with the exception of N ‘4’, N‘2’ and Cold Spring Harbor Light Tower (the Lighthouse) to be passed on the channel (East) side.

10. THE START

10.1 Races will be started in accordance with the following system, which system modifies R.R.S. 26.

<u>TIME</u>	<u>SIGNAL</u>	<u>MEANING</u>
19:00	Yellow Cylinder**	<i>Warning: Class I</i>
19:05	Numeral Pennant "1"	<i>Preparatory: Class I, & Warning: Class II</i>
19:10	Numeral Pennant "2"	<i>START: Class I, & Preparatory Class II</i>
19:15	Numeral Pennant "3"	<i>START: Class II, & Preparatory Class III</i>
19:20	Red Cylinder**	<i>START: Class III</i>

10.2 Times shall be taken from the visual signals; the failure of a sound signal shall be disregarded. Each signal shall be lowered one minute before the next is made.

10.3 The starting line will be between a staff displaying a yellow or orange flag on the Race Committee boat and the pre-start side of FL G '5' 4 sec. off the Club anchorage.

10.4 Boats whose preparatory signal has not been made shall keep clear of the starting area.

10.5 A boat shall not start later than five (5) minutes after her starting signal.

10.6 All boats that wish to be scored for this race must check in with the Race Committee boat prior to their warning gun and receive an acknowledgment.

11. RECALLS

Individual recalls will be signaled in accordance with R.R.S. 29.1. In addition, the Race Committee will attempt to hail the recall number of each recalled boat on VHF Channel 69. This modifies R.R.S. 41. The recall number shall be the boat's sail number. If R.R.S. 30.1 is in effect, boats which cross the starting line in the minute prior to the start may be notified before the starting signal. The following shall not be grounds for redress [This modifies R.R.S. 62]:

- a) Failure of a boat to hear or receive a recall broadcast.
- b) A boat's position in the sequence of recall numbers broadcast;
- c) Promptness of the broadcast.

12. THE FINISH

- 12.1** The finishing line will be between a staff displaying a yellow or orange flag on a Race Committee boat and the course side of G '5' FL G 4 sec. off the Club anchorage. The Race Committee boat will be stationed on the north or south of G '5' FL G 4 sec.
- 12.2** When finishing at night or in poor visibility, boats shall shine a light on their racing number and hail the Race Committee giving their sail number.
- 12.3** Boats will record their own finish time and make that information available to the Race Committee upon request.
- 12.4** In the event the Race Committee is not on station to finish boats, each boat is requested to take her own time while passing within 100 feet of the finish mark at the point when the finish mark is due south of the helmsman.

13. TIME LIMIT

The time limit will be 0800 hours on Sunday plus the PHRF handicap adjustment for a 42 mile race applied to each boat, or for IRC time-on-time an 12 hour race. Boats finishing after the time limit will be scored 'Did Not Finish'.

14. PROTESTS

Protests shall be written on protest forms and lodged with the Race Committee no later than 1200 hours on Sunday, September 5, 2010. The protest committee will notify the parties to the protest of the date, time and place of the hearing.

15. SCORING

The Low-Point scoring system will apply. Corrected time for IRC boats will be calculated by multiplying the boat's elapsed time by its TCC. Time on Distance for a course of 42 miles will be used to handicap PHRF.

16. ALTERNATIVE PENALTIES

The Scoring Penalty, R.R.S. 44.3 of the Racing Rules, will apply. The penalty will be the whole number of places (rounding 0.5 upward, but at least one place) nearest to 20% of the number of boats entered in the Class.

17. COMMUNICATIONS

A boat shall neither make radio, telephone or electronic transmissions while racing nor receive special radio, telephone or electronic communications not available to all boats. The Race Committee shall monitor and communicate with the competitors on VHF Channel 69.

18. PRIZES

Prizes will be awarded in all classes to the first place boat, to the second place boat if five or more boats qualify as starters, and to the third place boat if eight or more boats qualify as starters. All prizes will be awarded at the Annual Awards Dinner of the Seawanhaka Corinthian Yacht Club on October 30, 2010. All competitors are invited to attend the dinner.

19. ABANDONMENT

Any boat retiring from the race must notify the Race Committee by telephone at (516) 922-6200 or over Channel 69 as soon thereafter as practical.

20. SAILOR'S RESPONSIBILITIES

By participation in racing, a person acknowledges that he or she is solely responsible for his or her own safety and that of the boat; each participant represents that the boat and its equipment are in sound condition and all required safety equipment is aboard, accessible for use and in operable condition; that the decision to race, not to race, or to withdraw after starting is solely his or hers to make; and he or she releases and agrees to indemnify the SCYC and YRA of LIS and the US Sailing, their officers, trustees and all members of the Race Committee, whether or not members of SCYC, from any and all liability or claims for personal or bodily injury or property damage or loss resulting from participation in this event to the fullest extent permitted by law. The skipper of each boat shall be responsible for the behavior of each member of the crew.

**Seawanhaka Corinthian Yacht Club
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Centre Island, Oyster Bay, New York 11771
(T) 516-922-6200 * (F) 516-922-6203**

**J. Wooderson Glenn, III
Principal Race Officer**

**Paul Nardone, Jr.
Chairman, SCYC Race Committee**

Dated: Aug. 30, 2010